



*aspire to inspire*

JPIC Magazine

9th Edition , July 2024



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## MESSAGE

You are all aware that we are starting an e-magazine. The theme of the magazine is “Aspire to Inspire”. The theme reflects our collective mission and purpose. I am confident that this would bring about positive changes in our communities and among our coworkers. It will have an impact on our lives and the mission we have undertaken.

According to Pope Francis, the earth, our home is undergoing unprecedented challenges today. The pope says that it is every one’s responsibility to change the present situation and work towards a better world. Caring for mother earth is a primary responsibility of all those who are involved in our educational institutions. This will bring us closer to nature and make us environmentally conscious and share the same with our students. They will be inspired to preserve and make the mother earth a better place to live in.

“Aspire to Inspire” is yet another attempt on our part to create greater awareness and make us committed to the vision that we have undertaken to make our campuses greener and healthier. Let us join in this noble task.

**Sister Mary Nithya**

**UN JPIC Representative**

**In this Magazine we have brought out the creativity of our young children through poem, drawings art revolving around the theme “Aspire to inspire”.**

**This edition will enable us to explore the transformative power of aspiration and inspiration. Our mission is to inspire you to unlock your own potentials, to dream big and to make a difference. We invite you to join us in this journey, to be part of a community that aspires to inspire and be inspired.**

**We are back once again with the 9th edition of the magazine which a result of excellent team spirit, collaboration and cooperation of all our JPIC team members. We are deeply indebted to Mrs Shikha Srivastava, the North Zone JPIC Co ordinator for her efforts in collating and evolving the e-magazine.**

**We would like to express our deep gratitude to Sr Sabrina Edwards, the Province Leader. Sr Anitha Sahay, The Head of the Education board and all our Province Leadership team and Sr Nithya the UN JPIC Team Leader (JPIC South Asia) for their unwavering support in all our endeavours.**

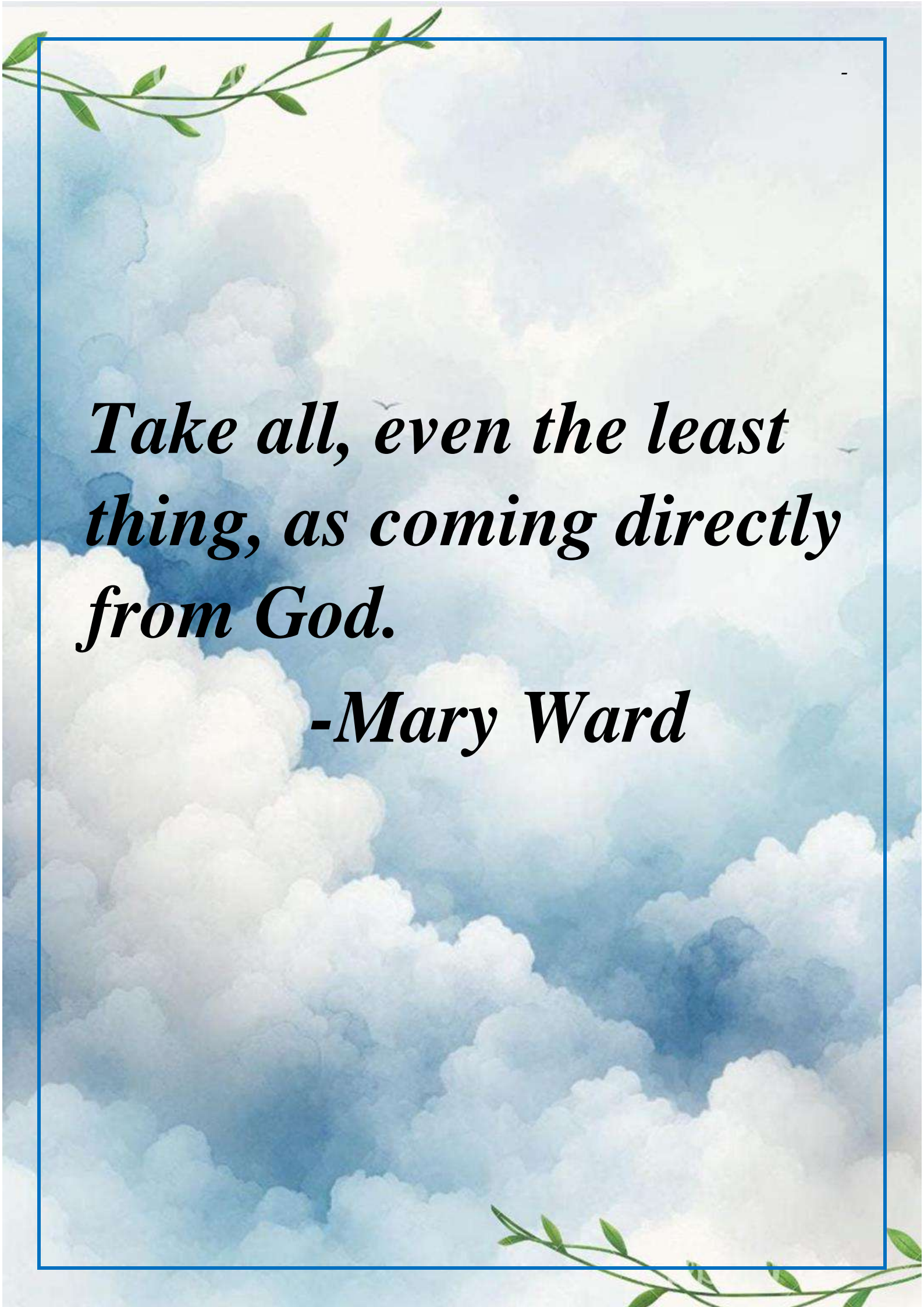
**With Warm Regards,**

**Arvind Kaur and Georgina Menon  
JPIC South Asia  
National Coordinators**

*Act not out of fear, ‘but solely from love, because you are called by God to a vocation of love.’*

- Mary Ward





*Take all, even the least  
thing, as coming directly  
from God.*

*-Mary Ward*



# *Central Zone*



## LORETO DAY SCHOOL, BOWBAZAR

### ASPIRE TO INSPIRE

"A bend in the road is not the end of the road.... Unless you fail to make the turn" --- Helen Keller

Everyone yearns for success and dreams for success, but what is success all about? Is it our dream come true or is it what we deserve or is it something that we do for others or is it a divine bliss? What is it? Everyone has different interpretations. I interpret it as a long journey through various paths filled with attempts, failure, risks, struggle and aspirations that lead us to our desired destination. Hope and optimism are the backbone to success.

There is no joy in tasting the fruit of success alone. It's delightful only when we share it with others. Little by little we make a difference in the world by aspiring and inspiring others. One such eminent personality is Stephen Hawking, the great theoretical physicist. We all know his remarkable contributions to science and technology. He has been honoured for his scientific inventions. But I think he had done much more than inventing and discovering, he had stood out to be the shining light to all the others who were physically challenged. He had taught them to fight, strive and achieve. In spite of his acute nerve disorder, he persevered. "However difficult life may seem there is always something you can do and succeed at." said Stephen Hawking. Another great legend for not only the disabled but also the oppressed women is Helen Keller. Maybe her eyes and ears did not give her company but hope and determination paved her way to become an extraordinary author and educator. She continues to be a bright example for centuries.

So let us take a moment to look back on the lives of these great legends and pledge to persevere, aspire and inspire for even one makes a difference. Life and success is all about the three "E"s 'Endeavor' to achieve, 'Encourage' the others and 'Enjoy' the result. -

**Aishiki Basak 8A**

### ASPIRE TO INSPIRE

In the depths of our souls, a fire burns bright  
A flame that fuels our passion, to inspire and ignite  
We aspire to inspire, to be the change we seek  
To turn our words into actions, and make our  
dreams speak  
For words are mere whispers, without the courage to act  
But actions are the thunder, that shakes the heart  
We must walk the talk, and let our deeds be our guide  
For it's not what we say, but what we do, that will be  
our pride  
Time is a canvas, waiting for our brushstrokes bold  
A masterpiece of moments, through which our story  
would be told  
The rhythm of our actions, will echo through the ages  
A symphony of purpose, that will inspire and turn the  
pages  
May our lives be the testament, to the power of our  
deeds  
May our actions be the inspiration, that others' hearts  
need  
And may our souls be the beacons, that shine like a light  
in the night  
Guiding us towards greatness, and igniting a fire that is  
bound to ignite

**-Cheryl Ku XI Humanities**

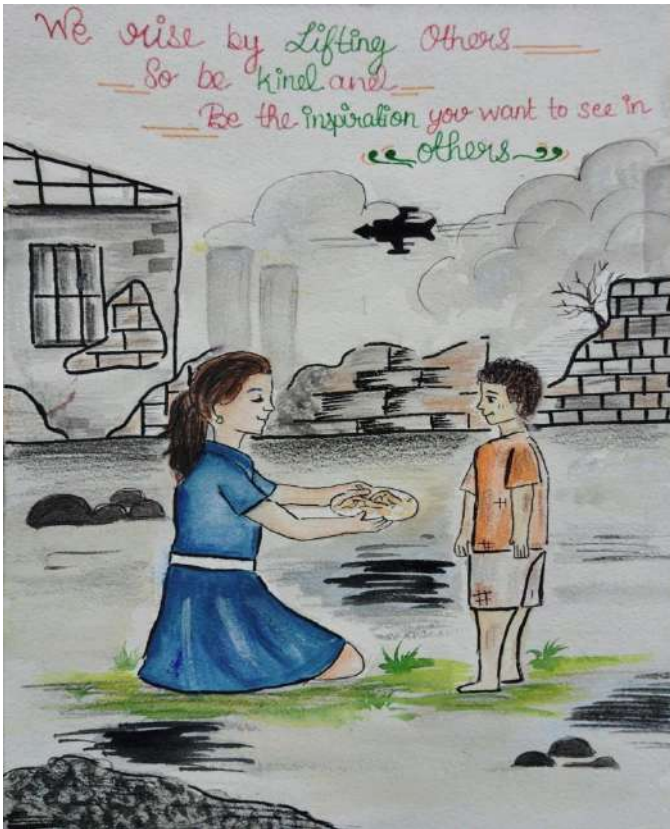
**XI Humanities**

### ASPIRE TO INSPIRE

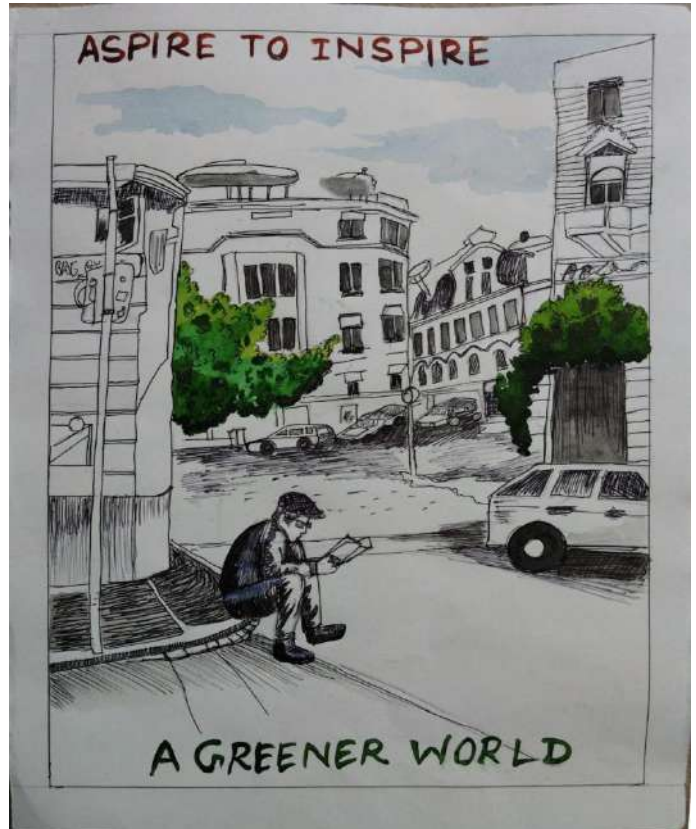
There I am in a battle field,  
longing for hope and success to yield,  
sitting on the grass looking at the constellation  
but thoughts filled with negativity and depression.  
Breaths are stiff, hearts are heavy  
Feels like standing at the edge of a cliff  
Then I heard a voice within,  
saying," Are you that scared that you will lose your  
life?"  
" What are your fears, little one?"  
Let me tell you how sweet you are  
Life is short but the journey is long  
Don't waste your time on something which cannot be  
done.  
Clean your feelings, strengthen your ambition.  
Achieving your dream is your only mission.  
There I feel a fire in my heart  
Ready to fight again from the start  
I stood up on my feet and walked with pride  
Now I confront the world with confidence and pride.

**Leenat Ahmed**

**XI Humanities**



**SHARANYA MULLICK 8A**



**ANKOLIKA BHATTACHARYA 8A**



Malala Yusufzai aspired and inspired by advocating for Girl's education and rights.

**SHREEJA MUKHERJEE 10 A**



The painting reflects the richness of our world's diverse religious cultures, traditions, and norms. It embodies our collective aspirations for unity, brotherhood, bonding, love, affection, and hope. Through its imagery, the artwork conveys a message of moving forward in life with positivity and inspiration, emphasizing the importance of togetherness and shared dreams despite our differences.

**AISHANI DAS 10B**



## LORETO DAY SCHOOL, DHARAMTALA



Sohana Sinha 7B



Aheli Dey B8

### Poem on Aspire to inspire

In the quiet dawn, dreams take flight,

Aspire to reach each hidden height.  
With courage bright and heart so true,  
The path unknown is made for you.

Through trials faced, and storms endured,  
A spirit strong, a heart assured.  
With eyes that gleam, and soul afire,  
Ascend, for you are your desire.

In every step, a whisper clear,  
Aspire to greatness, hold it near.  
For in your quest, the world will see,  
The boundless heights that you can be.

**Addrija Mukherjee 8A**



**Ashmi Chatterjee 8B**

### ARTICLE ON ASPIRE TO INSPIRE

From an early age, we desire to have an aim in life, a destination to this journey of unjustified existence. As famous author Dostoevsky quotes "The mystery of human existence lies not just in staying alive but in finding something to live for." Nevertheless, through rough edges of this journey we realize that as humans, we subconsciously believe our sole purpose in life to be one common thing. To leave an eternal mark to our mortal lives

As an example, when a poet creates an exquisite poetry, he wants it to reach the ears of all and once he bids farewell, he wants it to be left behind. An African proverb quotes "Whenever we recite from a book, the dead borrows our tongue." This should be our height of ambition. So profoundly memorialized that it remains



even when we are gone. Of such striking influence that young minds take our lives as inspiration for their own. So that when our thoughts spill from the lips of others, somewhere our souls are at peace knowing there is indeed life after death.

After years of constant war against fortune, when we finally taste the honey of success. Finally achieving our ambition will outshine all sweat and blood lost in the way. It is in the blood of mankind to forever forget and to its witty contrary we hope to be remembered. History is evidence we ought to remember those who brought a change. In the words of poet, Maya Angelou “People will forget your words, but people will never forget how you made them feel.” You will never be remembered for your net worth rather for the effect you brought to this world.

The definition of success varies. Yet we bury our passions just for the sake of a ‘better life’. Its high time we realize that if we only had a day to live this life. Would we have wasted it all by obeying others? Life will starve us for a sense of pleasure for we will have none, even when we bathe in gold. And we will be forgotten for we will have nothing to be remembered for.

In the world of temporary pleasures and greedy requirements, let's focus on self-improvement. The ambition for a sense of content while lying in our deathbeds knowing we utilized every second. That somewhere a child when asked for their inspiration will take our name as a response. Let's live such that we will never regret. Let's do what we love to do because in the end all we have is this short life. Let's aspire to jot our names down on the pages of history, to be the best versions of ourselves, to be the guiding light to someone's life. Let's Aspire to Inspire.

**Kanika Valdez 6B**

### **Essay on Aspire to Inspire**

I chuckled at the advertisement that caught my eye as I was walking down the street. I reckon it was a job-recruitment advertisement. It was so big and flashy; it was almost impossible not to notice it in our gloomy little neighbourhood. In big yellow letters it was written “ASPIRE TO INSPIRE....” and the various other details that I did not care much about. After all, I was too young to even think about getting a job. But it was the big bold yellow letters that caught most of my attention and occupied most of my mind space during leisure. Not only was it a mouthful to say (which was the reason I chuckled) but also gave me something to ponder over the whole weekend.

To aspire simply means accomplishing a certain goal. An aspiring individual is ambitious and enthusiastic, a person the individuals at job recruitment would want in their work atmosphere for they would keep the spirits high and pleasant. To inspire means to encourage: that creative internal spark that makes one put down their phones and get to work.

“Aspire to Inspire”. One simple three-worded mantra encourages people to strive for excellence and aim higher. When we do great things, it inspires people around us to do the same, creating a positive impact. This mantra depicts that our actions impact and influence people around us to do the same, creating a lasting effect. When we set aspirations for ourselves, we push ourselves from our comfort zones and overcome various obstacles in our way. We work tirelessly to accomplish the impossible. It is through our actions that we can motivate individuals around us to work hard to reach their fullest potential.

In a world full of cutthroat competition and hatred, an inspiring person is like a beacon of light to those who doubt their abilities. We can show them that they too have the potential to pursue their dreams. It serves as a reminder that we all can make a difference.

In conclusion, “Aspire to Inspire” challenges us to be the best version of ourselves to inspire people around us. Rise up from the ashes, reach for the skies. Unleash the fire that burns within you and illuminate the world with your passion for you hold the power to inspire.

**Aishani Das 7A**

**LORETO DAY SCHOOL, ELLIOT ROAD  
KOLKATA**

**Aspire to inspire**

Getting interested in the helping profession is not hard at all, as long as one can remember that they have to keep helping and caring for people. Did you know that good deeds decrease stress? People should help others without expecting any rewards. 'Aspire to Inspire' means one has to inspire themselves and others in order to make a difference in everyone's life. Many leave this planet with their music still hidden within and what a tragedy that is. Maybe, all they needed was someone to inspire them. Being a source of inspiration is not about seeking external rewards rather, it is a journey of self-discovery and growth. –

**Rabia Anwar (12 H)**

**Dreams and Aspirations**

We all have some dreams and desires.  
For a better quality of life, we aspire.

Working hard and diligently for endless hours.

Knowing that the goal is still very far.

Step by step we get closer to the dream of ours.  
Getting hurt along the way with some deep scars.

But these scars teach invaluable lessons,  
Ones that can only be gained from life's experiences.  
It might seem selfish of you to walk alone towards  
your dreams,

But you don't realize that your story has been for many  
a Star that gleams.

An inspiration like no other,  
To their monochromatic life it brings colour.  
So, dream with fervor, set your heart ablaze  
And see the world change by the fire you raised.

Aspire to inspire with a heart so true,  
And watch as the miracles you made follow you.

- **Arshia Fatima Jamil (9 - i)**



**Anjali Das – (10 – ii)**



**Arshia Fatima Jamil (9 - ii)**



## LORETO CONVENT, ENTALLY

### "ASPIRE TO INSPIRE"

The burning will of the heart,  
Towards the ending from the start;  
The fueling desire of the working heart,  
To burn up to aspire to inspire.  
The uprising heat of the mind,  
To burn up fine and grind;  
The will to shine out with success of the mind,  
Leave those past failures behind.  
The desire to aspire to inspire,  
Into this shade of failure Esquire;  
The courage to complete every incomplete desire,  
Into the bold veins of the mind filled up-dire.  
The change to expand when asked to shrink,  
The game to decide, without hope, or wish in brink;  
The confidence to embrace the optical failures,  
which landed on the success of espalier.  
The ability to get where the doors were once closed for  
you,  
To accept them as lessons and not regrets-a-new;  
To choose between evolve or repeat,  
For the burning flame of success is obsolete.  
The same girl, the same name: with just,  
A different mindset and a new game;  
With the confidence of never being afraid to,  
Embrace, the C+ phases for the A+ life;  
To set her vision for possibilities not problems.

The power to succeed so hard,  
That towards the ending from the start;  
For the world bright enough to know,  
'That' star who once burned out to blow.

The chance to change so hard,

That they get to know me from the start;  
For the world which beholds in my vision up-skier,  
To "aspire to inspire before I expire".

**Tashhud Hussain**  
**XI-Humanities**

### What is Home?

A house is just walls, a roof and a floor,  
But home is where love resides, and so much more.  
It's a feeling of safety, of warmth and of light,  
A place where our hearts find peace, day and night.  
Home is where memories are made, and stories are  
told,  
Where laughter and tears are shared, and moments are  
gold.  
It's a place where we find solace, a sense of belonging,  
Where our hearts feel at ease, and our souls start  
singing.  
Home is not just a physical space, but a state of mind,  
Where we feel accepted, and our hearts are aligned.  
It's a place where we can be ourselves, without fear or  
shame,  
Where we can find out true selves, and our hearts are  
not tamed.  
Home is where love resides, and family is key,  
Where relationships are nurtured, and memories are  
free.  
It's a place where we find comfort, and a sense of  
peace,  
Where our hearts feel at home, and our souls release.  
Home is not just a house, but a feeling that's true,  
A sense of belonging, that's always shining through.  
It's a place where we find our tribe, and our hearts are  
at rest,  
Where we feel at home, and our souls are blessed.  
So let us not confuse, a house with a home,  
For home is where the heart is, and love is the tone.  
Let us cherish the moments, and the memories we  
make,  
For home is where the heart is, and love is what it  
takes.  
Home is a sanctuary, a haven from the storm,  
A place where our hearts find refuge, and our souls are  
reborn.  
So let us cultivate love, and make homes a nest,  
Where our hearts can find solace, and our souls find  
rest.

**Nyneishia Chakraborty**  
**VII-3**



## Happiness is a treasure

In today's world, where stress and worry roam,  
Happiness is a treasure that's hard to call home.  
It's a fleeting dream, that we chase everyday,  
But like a mirage, it vanishes and goes away.

We're lost in our screens, in a virtual haze,  
Comparing our lives, to others' lives' gaze.  
We forget to live, in the moment's embrace,  
And miss out on joy, in the present sacred space.

We're searching for answers, in the noise and the fray,  
But happiness is quiet, and slips away,  
It's a gentle whisper, that we often ignore,  
A soft breeze that caresses, but we don't explore.

We're chasing success, and material wealth's might,  
But happiness is free, and shines with a different light.  
It's a choice we make, in every single day,  
To find joy in simplicity, and drive the blues away.

Let's put down our phones, and look up to the sky,  
Let's breathe in the beauty that passes by.  
Let's connect with nature, and let our hearts be light,  
And find happiness in the simple things that make life bright.

Let's spread love and kindness, wherever we roam,  
And make the world a better place, a place to call our home.  
And cherish each moment, and live life to the full,  
And find happiness in the journey, not just the goal.

For happiness is a gift, that we give to ourselves,  
A treasure that's rare, but worth all our wealth.

**Nyneishia Chakraborty**  
**VII-3**

### Aspire to inspire.

Let your light shine bright.  
Ignite the flames of passion, with all your might.  
Spread kindness and love, in all that you do,  
And watch as the world transforms, anew.  
Believe in the power of your words and deeds.  
Plant seeds in hope, other's needs.  
Be a beacon of strength, in times of despair,  
And show that you truly care.  
So, I aspire to inspire, in every way.  
Make a difference, each and every day.  
For lifting up, you'll find,  
Your spirit is soaring, free and kind.

**Janvi Shaw**  
**IV-1**



**Mayuri Sah IX-1**



**Sampriti Das IV-1**



**Ayushi Gupta IV-1**



## LORETO HOUSE, KOLKATA

"Let your dreams be the spark that lights the path for others. Aspire to inspire, and watch the world transform."

A simple yet profound mantra that calls us to elevate our dreams and actions beyond mere personal success. It urges us to reach for heights that not only fulfill our ambitions but also ignite a spark in others, encouraging them to pursue their own passions and potentials. In this pursuit, we create a ripple effect of motivation and positive change, transforming individual achievements into a collective journey toward a brighter, more inspired world. Through our dedication and example, we become beacons of hope and catalysts for greatness in the lives we touch.

**-Arundhati Dasgupta, XII Science**

### The Journey of self-Exploration

Aspirations. They're like whispers from the soul guiding us towards our deepest desires. They are that fuel which ignites the fire of ambition within us, driving us to reach for the stars. They paint the canvas of our minds with visions of what the future holds, inspiring us to persevere through all adversities. They shape our destinies with every fleeting thought. And, one day when you look back, you'll find yourself committed to a journey of growth, not a destination of perfection. To find happiness is to navigate through a world that sometimes seems colourless. But it is imperative that we make mistakes and never lose hope.

**-Kathakali Ghosh, Class-IX**



**Anjana Gupta, Class IX**



**Arushi Bhattacharya-XII H**

### प्रेरणा की चाहत

सर्वप्रथम हमें यह समझना होगा कि प्रेरणा का अर्थ क्या है। प्रेरणा एक ऐसा भाव है, जो हमें अपने जीवन के लक्ष्य को प्राप्त करने में सहायक तथा मार्गदर्शक का काम करता है। हमें जीवन में सफल होने के लिए अलग-अलग मनुष्य तथा वस्तुओं की आवश्यकता पड़ती है, जो हमें प्रभावित करते हैं। हम इनसे प्रेरित होकर जीवन में आगे बढ़ते हैं और अपने लक्ष्य को प्राप्त करते हैं। आवश्यक नहीं कि हम ही लोगों से प्रेरित हों, बल्कि हमें भी दूसरों के लिए एक प्रेरणा का माध्यम बनना चाहिए। हमारी प्रेरणा हमारी माँ भी हो सकती है, हमारे पिता जी भी और हमारे परिवार के सदस्य भी हमें प्रेरणा दे सकते हैं। वे हमें उचित और अनुचित में अंतर बताते हैं और हमें दुनिया को नये और अलग तरीकों से देखने में हमारी सहायता करते हैं। उदाहरण स्वरूप डॉक्टर ए.पी.जे अब्दुल कलाम जो एक साधारण जीवन व्यतीत करते हुए सदा अपने छात्रों और देशवासियों के लिए प्रेरणा के पात्र बने रहें। प्रकृति भी हमें प्रेरित करती है कि जिस तरह ऋतु बदलती रहती है उसी प्रकार हम मनुष्यों को भी अपने अंदर और आस-पास के वातावरण में बदलाव लाना चाहिए ताकि हम समय के साथ चलते रहें और हमारा विकास होता रहे।

**अरीशा अहमद, कक्षा 6**

### **Spark of Dreams**

Everyone has aspirations, often more than one.  
It's the goal they want to achieve, and the journey should be fun.  
Aspirations are like stars, the guiding lights to our hopes.  
No matter how far they may seem, our perseverance will help us to achieve our dream.  
Inspiration is like the moon, a silver beam falling in the room.  
Helpful thoughts to awaiting ones, lighting up their creative boon.  
I aspire to help our vivid nature, to make the most of every creature.  
I aspire to inspire every fellow, to save life even down below. We throw trash without a care,  
Ignore the cries of fish in despair, entangled in a polluted sea, there is plastic where fish should be.  
We pollute the air and make it grey; we don't think of birds away.  
We cut down trees, for our own greed, the ecosystem we do not heed.  
Aspire to inspire your fellows to be more thoughtful about what they see.  
Our world is full of beauty, saving it is our duty.  
Aspire to inspire every fellow, to save life wherever they go.

**-Zoha Anwar, Class -VIII**

### **Breathing Life into Every Dream**

As a child is awakened,  
It sees many dreams and sets many goals;  
And when, it has worked enough for that;  
It is, no longer a dream, but reality.

This transformation perhaps, helps;  
The timid to become courageous,  
And the indolent to become a hard worker,  
Thus, giving life to every dream.

**Avani Kapoor, Class-VIII**

### **Boulevard of Wallflowers**

I break the sanctimonious propriety, shatter the walls of what should be done,  
Tear apart the pecking order, I stagger so you could one day run.  
My bruised feet carve your silken path, hands scraping the stone for a spark of light,  
I navigate through the malady of "nots" so you could stand strong in the fight.  
The finicky aristocracy stains esoteric me, trying to set out the spark evolved into a fire, do not vilify my life and legacy, for all I wanted was to inspire.

**-Shinjini Bandhopadhyay Class IX**

### **Legacy**

And if my mortal body disintegrates, Into the atoms that made their mould  
I hope and pray that at least my thoughts, don't trickle away untold.  
May they waft on the waves of times yet to be seen; may they ingrain themselves in the minds  
Of the generations following me, may they live on in my legacy  
Echoing the images of what used to be. May my words remain immortal?  
Even if I myself cannot.  
May my essence carry forward all the thoughts I could not.

**Krittika Mukherjee, Class IX**



## LORETO DAY SCHOOL, SEALDAH

Inspiration always thrives on aspirations. While Aspiration is the building block for turning dreams into reality, it's a personal happiness that many prefer to enjoy behind the curtains, inspiration goes far beyond the bounds of self-joy.

By aspiration we can achieve the greater euphoria of inspiring, growing those little saplings by growing oneself into the banyan, who stands upright even if storms try to snatch its pride away, that is inspiring others. It's from the one who aspires, inspiration can be drawn.

There was a small dance school at the very end of my neighbourhood, the sound of ghungroos always echoed through the chipped walls.

I had nine summers behind me when I committed the crime of spying and liked it. The big girls in their long red skirts used to twirl and twist, making them look ethereal, truly, like the nymphs for whom even the gods fell. One out of them, never stopped dancing, never stopped even if her knees gave up or her Ghungroos

choked her ankles. She looked like Mohini from the Hindu mythology, as spectacular as a human can be, and at times my mind rolled off, asking if she was any human at all.

Now that I have grown older, a thought sometimes knocks on my door, would I be dancing today, if I never saw that nymph, my teacher, my guru.

Would I be wearing these golden bells around my feet even after numerous twisted ankles, if she never did it before, perhaps No. If she never danced maybe these rapid spins and complex footwork would make me give up, but her aspiration inspired me,

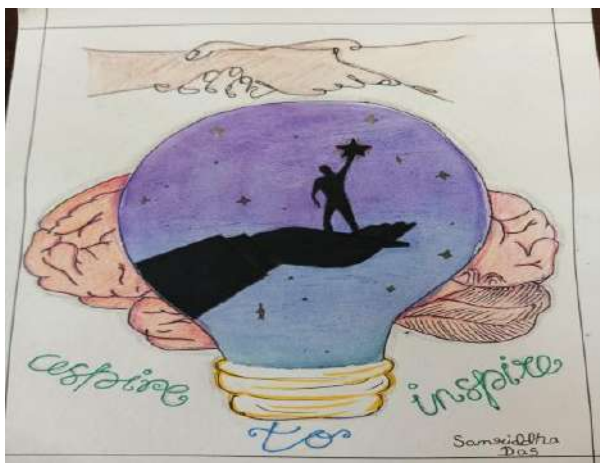
And in the dark nights with twisted ankles and blood on my knees, when the one thing I desire is to throw those menacing golden bells out of my window, the only thing that stops me is the memory of her determination when every part of her being wanted to give up.

Her aspirations inspired me, and when my intricate Ghungroos tend to become chains and shackles, I remind myself,

She did it before, I can do it now.

**Pragya Saha**

**Class IX**

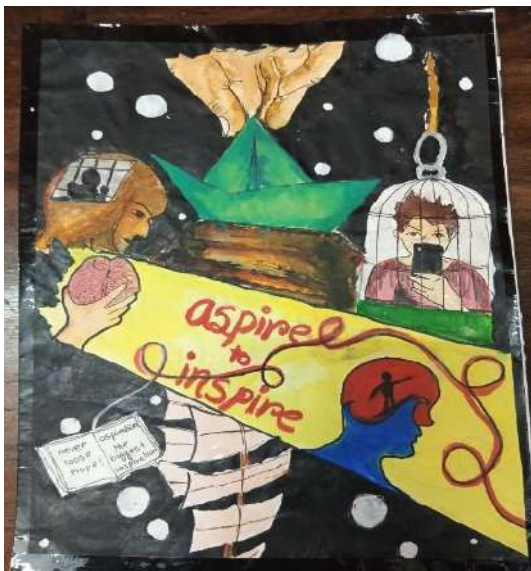


## Hearth Of Life

The never-stopping time flows,  
Slipping through the mortal grasp.  
Human withers as it grows,  
Puny against its gloomy overcast.  
Yet standing strong amidst the ruin,  
For living is better than doom.  
In the fleeting dance of life's tune,  
Hope flickers through a soul's bloom.  
In defiance, humans leave an imprint  
Onto the soil of the stomped earth.  
Through mist, their determinations glint  
Guiding the heirs to the blazing hearth.  
Through every tale, through every bawling,  
Let kindness heighten and dreams compile  
For one's rise, inspires the fallen.  
And urge them to make life worthwhile.

-AISHANI BANERJEE

Class X pink

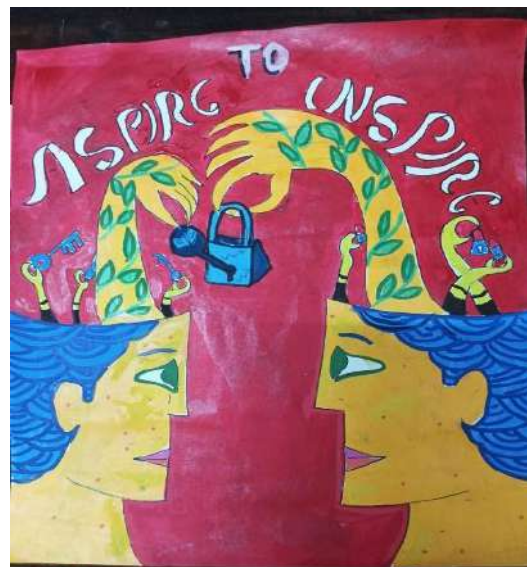


## What does inspiring make of you?

Lighting a spark of inspiration,  
has others look up to you.  
It won't just be an infatuation,  
when you inspire others so that they won't feel blue.  
When you help others see their beauty,  
help them see their courage despite their flaws.  
Your depth of inspiring, makes you a hero to them,  
Their thank you feels much more genuine than an  
audience full of applause.  
Life can get tiresome,  
all, people need is a little inspiration,  
aspire to be that one person that motivates their  
surroundings  
and help the betterment of our nation.  
Don't think about becoming a famous sensation,  
because remember, loving each other for who we are is  
humanity's biggest motivation.

Shivangi Purkayastha

Class- 8- Lily





### My Mother



My mother is very dear to me. She loves me very much. My mother cooks food for me. I help my mother in her daily work. My mother is very hard –working. She inspires me every day. I want to make her very happy and very proud of me one day. I want to study well and be successful in life.

- Riju Dolui, Class II

### Plant Trees

Trees are our best friends. Trees give us oxygen. They also give us flowers, fruits and medicine. We build houses with wood. Thus, trees help us in many ways. Pollution happens if we cut trees. Global warming also happens for cutting down the trees. So, we must plant more and more trees because one tree means one life.

I will plant a lot of trees with my friends.



-Subhadeep Sen, Class II

### A Future Promise



I usually meet an old man everyday on the street while going to school. One day when I was going to school, I saw the old man again. There was a young gentleman offering medicine and clothes to the old man. I was touched by this kind gesture shown to the old man. I decided that I will build a house for the old and the needy when I grow up. So that, they don't have to struggle again in their old age.

- Subho Bor, Class III

### Every Picture Says Something



- Aratrika Pradhan, Class IV

Each picture has a story to tell. Every story has a hidden meaning. Sometimes what we feel, we paint that with colors. Thus, every picture is a new creation.



*Be not content to appear  
good in the eyes of men  
only, but strive also to be  
so in God's eyes.'*

*-Mary Ward*





# *Himalayan Zone*

## LORETO CONVENT, DARJEELING

### The Foundations of Life

-Maya Tshering Rai, X 'B'

The foundations of life are ones that are often perplexing ones that are not always easy to understand. It is however, through my understanding that the strongest pillars in our lives are our dreams. What is it that we want in life? It is through striving for this goal that we can begin the journey to understand who we are and our purpose.

Are we certain of who we are?

Are our hearts made of flesh and blood? It beats with every breath we take. Every breath is a labour of love for ourselves. Are we made of bones and teeth? Grinding with every bite we savor, creaking as we grow older.

No, we are made of dreams.

Hope for ourselves and hope for the future. Human beings are peculiar creatures. It is only through love that we write, that we look at freckles and gaze on constellations. We look at brown eyes and see pots of honey, shards of amber. We glance at shades of blue and witness the seas swirling in all their fury. We sing, we dance. We cry when it rains. We savour art, e bite viciously into everything we love and adore, ruin ourselves in doing so.

And then we rise.

Is it not for our love for art that we paint? Our love for poetry that clicks with our souls that impels us to write? Is it not our love for music that drives us to dance and play in the rain?

My mind may be riddled with questions but they all have one common answer. Human beings are beautiful. Our minds tick in such a manner we have to stop and try to muddle through our own consciousness. Our hands itch to create even if we cannot recreate what our eyes follow. Our legs carry us to those who we love. But the most beautiful thing of all may be our ability to inspire. To strive for something greater in our lives.

Do we not inspire through our love for everything this world has to offer? It is through our empathy that we inspire. Not only through our love but through our pity and through our tears for those that have been abandoned by their homes. By themselves. It leaves us craving, pleading for a world that deserves all the light we cannot see.

It is only then that we realise that we are capable of making our futures brighter. We are solely responsible for our fate. It is through this power that we have been given the privilege to change the minds and hearts of the world

### Flames of Inspiration

-Triparna Gurung, IX 'A'

Aspire to Inspire with every step you take.  
Let kindness guide your journey in every choice you make.

In the quiet moments, and in the loud unclear,  
Be the voice of hope that others long to hear.

Lead by examples, with integrity and truth,  
Inspire the young, the Old, the elders and the youth.  
With every act of kindness and helping hand,  
Create a world of love, where understanding stands.

Embrace your vulnerabilities, and share them without fear,

In the act of being open, you bring others near.  
Your passion and Fire can ignite a dormant spark,  
Inspire those around you to step out from the dark.

In the classroom, at home, in the workplace too,  
Aspire to Inspire in everything you do.

For the ripple, you start with a single word or deed,  
Can grow into a wave meeting every need.

In the end, what truly matters is the light that you let shine bright,

Aspire to Inspire and fill the world with light.

For in this dance of life, that's ever swift, and fleeting,  
Inspiration's gift is the most cherished heartfelt greeting



## **The Star -Tara Tshering Rai, X 'A'**

Her rebirth as far as she could remember, was an inferno. It was heat consuming her whole, boiling her blood and stripping her of her humanity. She was the first human. The first to do everything really, it was wondrous at first. The lovely sun filtering in through the trees, the endless number of creatures that seemed to roam the earth, the flowers that blossomed and of course the endless sky and the stars. Oh, how she loved the stars, they seemed so far away yet it seemed as though she could reach out and just pluck it from the sky, like plucking an apple from the orchard. She started it all, the first to eat fruit, to start a fire, to actually feel love and affection and play and do all the wondrous things humans do. But she was also the first to lose her friends, to starve, to freeze, to shed tears and above all, feel as though it was just her against the world when it truly was. She was the only human that wandered the face of the earth, and no matter how many creatures she befriended, no matter how many she took under her wing and provided with shelter and warmth and love, she was never understood or loved in the same unconditional way she loved everyone around her. It was her greatest and only misery and one gloomy, lonely night she made the decision to never let anyone feel that way again. And so, she carved all she knew on the walls of her cave, drawings and writings. Until her hands bled from the sharp edges of the rocks, winter bled into spring and all her lovely creatures stopped pawing at the walls of her cave. She finally had a purpose, a protector of those who were to come she realised. She did not want for them to spend cold nights not even knowing what warmth felt like, she did not want them to kill her creatures and friends and most of all, she wanted them to feel understood, loved, protected and never ever alone. She said goodbye to her friends, scratched their ears and whispered nonsensical things into their sweet pretty ears and then she stepped forward, ready to fulfil her destiny.

She prayed and prayed and begged the gods to take her, to leave in her place two more of her kind, so that they'd never be alone, sweet innocent souls. Thunder echoed through the skies and rain poured down as the gods were in an uproar. But how she begged and pleaded and they finally succumbed to her prayers, after all it was but a mother pleading for her children to live a better life than she ever would. And so, she disappeared and the skies cleared as the birds chirped their songs. She became what she admired the most, a star. The brightest one of the skies, as she watched over her children as they made their own new wonderful discoveries and coveted the world she

called home. Always together of course. She didn't go unnoticed, they followed her scriptures and writings and knew within their hearts that they had someone watching over them, guiding and protecting them. And so, when they tell tales to their children and when they need guidance themselves, they always know she'll be there and tell themselves to reach for the stars.



## **Horizons Illumine**

-Yuma Subba, XII 'A'

In this age of darkness and despair,  
Where problems seem too much to bear,  
You're not alone, my friend, take heart,  
For you will overcome and make a fresh start.

As a teenager with dreams so grand,  
You strive for greatness, with a steady hand,  
Despite the hardships that come your way,  
You're determined to rise and seize the day.

You yearn to leave a mark, make your name,  
To inspire others, to ignite the flame,  
Of hope and ambition, burning bright,  
Guiding you through the darkest night.  
With courage and strength, you march on,  
Facing challenges head-on, till they're gone,  
For you're a dreamer, with a vision so clear,  
Of a world where you conquer your fear.  
So dream big, my friend, and never give in,  
For you have the power from deep within,  
To achieve your goals, to reach new heights,  
And shine as a beacon of inspiring lights.  
You're not alone in this fight, you see,  
For there are others like you and me,  
Dreamers and achievers, striving for more,  
To leave a legacy worth living for.



Minso Hangma Subba, IX 'C'



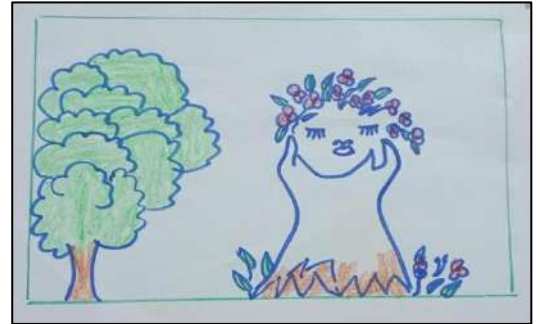
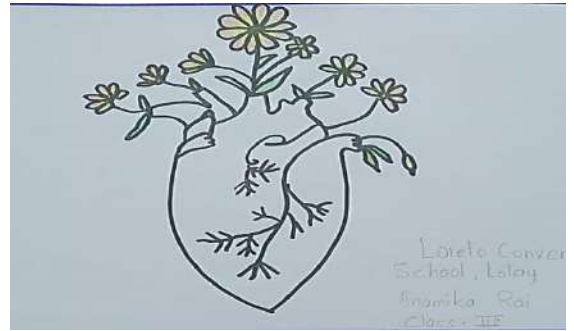
## LORETO CONVENT, LOLAY AND PANIGHATTA

Aspire..... Inspire  
Yes, the height is as scary as night  
But you climb till the break of dawn  
“We become inspired,  
We do new things, and in turn,  
We inspire”.

The warriors in the battlefield,  
Don't leave their words till they die.  
When life blesses you financially,  
Don't raise your standard of living. Raise your standard of giving.

Till the end of time,  
Till the end of your heart's rhyme,  
Don't you retire,  
Aspire.....

- Afiya Lepcha  
Class: V



- Anamika Rai  
Class III



Ritika Rajwar Class VIII



Jima Lamu Class IX



Nasib Koya Class VII



Jima Lamu Class IX







**'Saving the Earth'**

Oh, mother Earth why are you weeping?  
 Humans are destroying everything,  
 Look at what we have done to you  
 Can't we do something to save you?

Let us stop hurting you,  
 By not cutting down trees,  
 By saving your precious clean water  
 And by living in peace and harmony forever.

Let us join our hands together  
 And make peace with you forever,  
 No war and conflict should come your way  
 Kindness, love and care will forever stay!

Insan –naki L. Nongpiur  
 Class IV B

I am Serena. I come from a small city called Shillong. I live a happy and contented life with my family. I often go out with my family and whenever we pass around certain areas, I notice people living on the streets and children begging on the streets. This makes me wonder about so many things that I often asked my parents. I remember one time my mother told me to not condemn them but to understand what they are going through. I thought about it for many days till one day I asked my parents if I can give away some of my toys and clothes to the children. The day my parents took me to the streets, I handed the things to them, they smiled and this made me happy. I learnt that 'giving' is more precious than 'receiving'. I am grateful for my parents that they taught me the gift of love.

**Serena Lauren L.**



**Nongpiur Class IV B**

“Aspire to inspire, and let your dreams become the spark that ignites the potential in others”



**CREATION OF ALMIGHTY**

Mesmerizing is just a word  
The calm feeling brings spring to me  
There is no one who listens to me  
The world floating on a body  
Is this me? or somebody  
The true colour, the pure perception  
In the hand of creation  
The alignment of the almighty  
It's bringing warmth and creativity  
Rivers, valleys and the mountains  
All I want is their peculiarity  
Wondering all day along  
Why is this severance between you and me?  
Then he replies  
Would you like to take one step or two?  
Would you like to have white or blue?  
Mesmerizing is just a word for me.

**Pranamika Sharma**

**Class XI 'A'**



**ASPIRE TO INSPIRE**

Aspire to inspire is a philosophy that embodies the spirit of leadership, mentorship and service to other. It's a call to action that challenges us to be the change we wish to see in the world. When we aspire to inspire, we become the catalyst for positive change in the lives of those around us. We become the role models, the mentors and the sources of encouragement that others need to achieve their goals and pursue their dreams. It's bringing warmth and creativity. Aspiring to inspire is not limited to grand-gestures or heroic acts. It's a small, everyday action that showcase our character, compassion and commitment to excellence. It's the smile we share with a stranger, the listening ear we offer to a friend and the support we provide to a team-member. As we follow this protocol, we create a ripple effect of kindness, empathy and inspiration that resonates far beyond our immediate circle. We become the change we wish to see in the world, we inspire others to do the same.

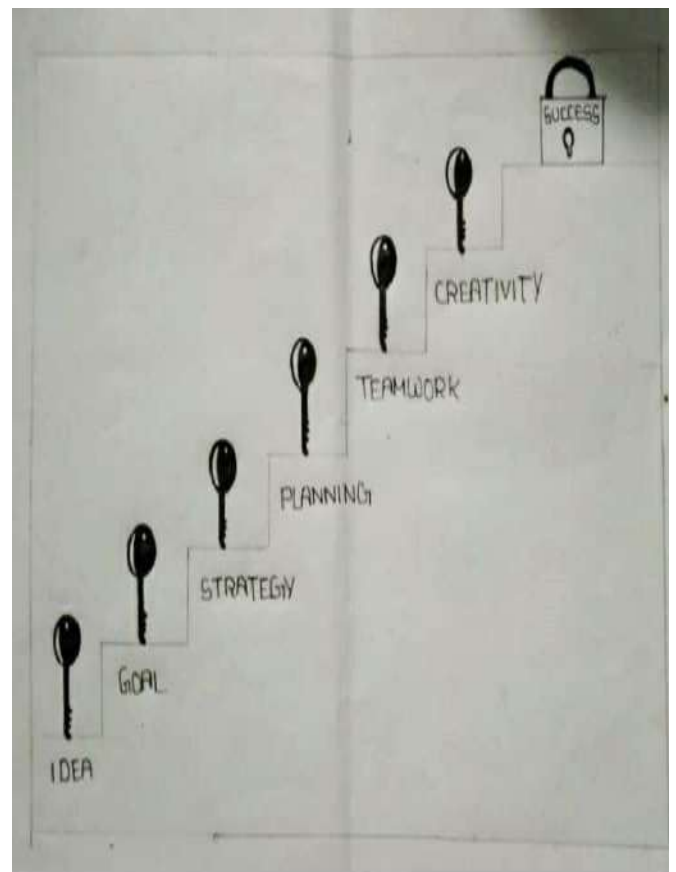
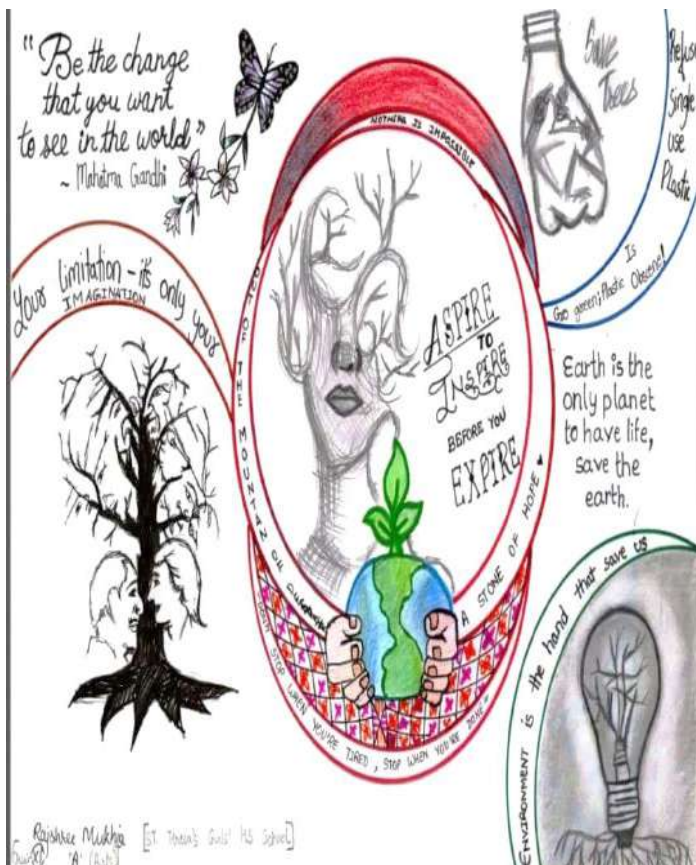
**Pinky Ram Class IX B**

## MOTIVATION AND EMPOWERMENT

Aspire to inspire cultivating a culture of motivation and empowerment. In a world where challenges often overshadow our path, the concept of “Aspire to Inspire” emerges as a guiding principle that propels individuals towards greatness. It embodies the transformative power of motivation and the profound impact it can have on both personal growth and collective empowerment. To aspire to inspire is to embark on a journey of self- discovery and enlightenment, where one’s aspirations not only fuel personal achievements but also serve as beacons of hope for others. It is a commitment to fostering, positivity, resilience, and encouragement in the name of adversity. Remember, the journey to inspire begins with a single step, a single word, a single act of kindness. Let us embrace the power of inspiration and set ablaze the flames of transformation that will illuminate the world with hope and possibility.

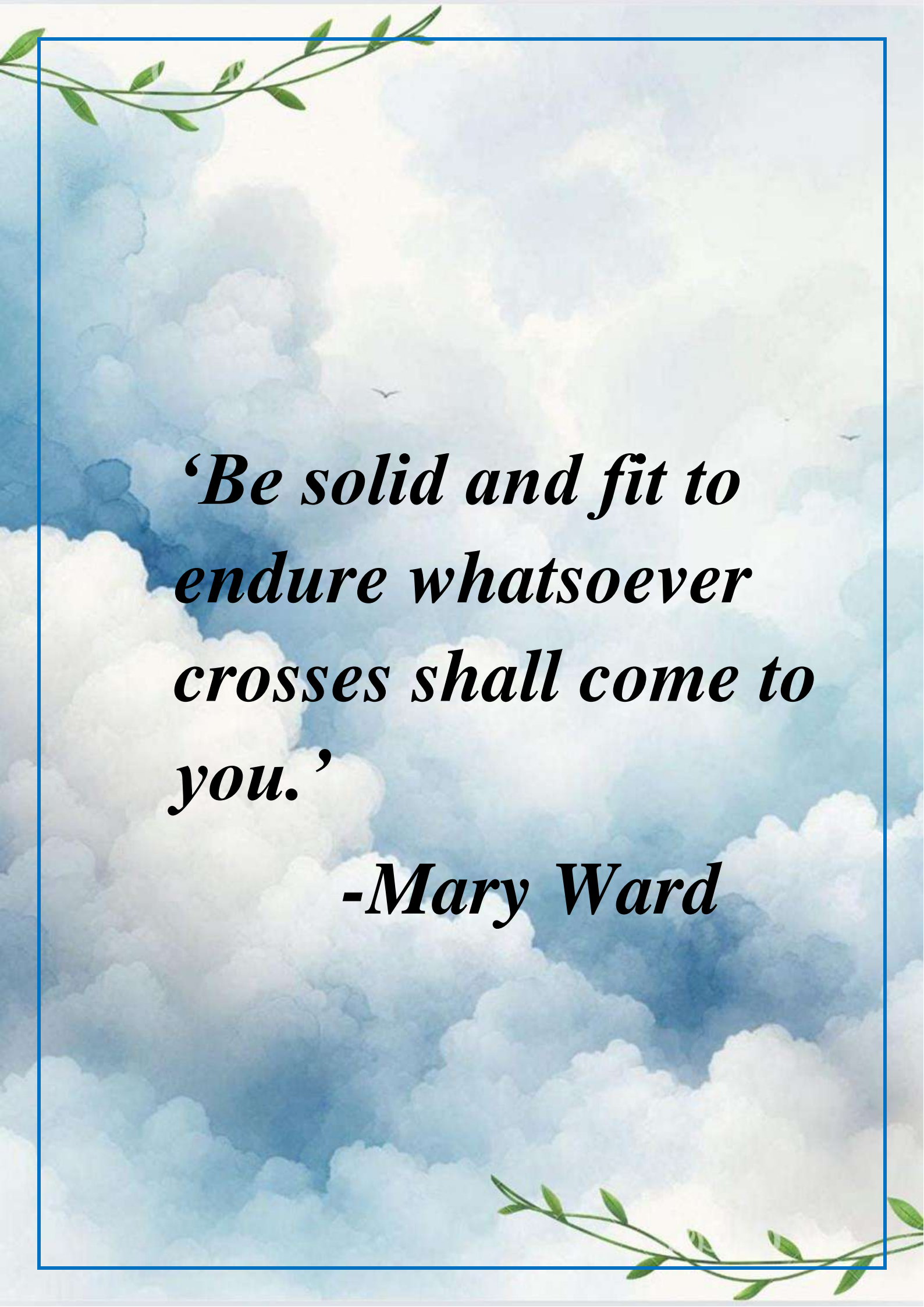
-Adity Pradhan

Class XII ‘A’



**“Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time”**

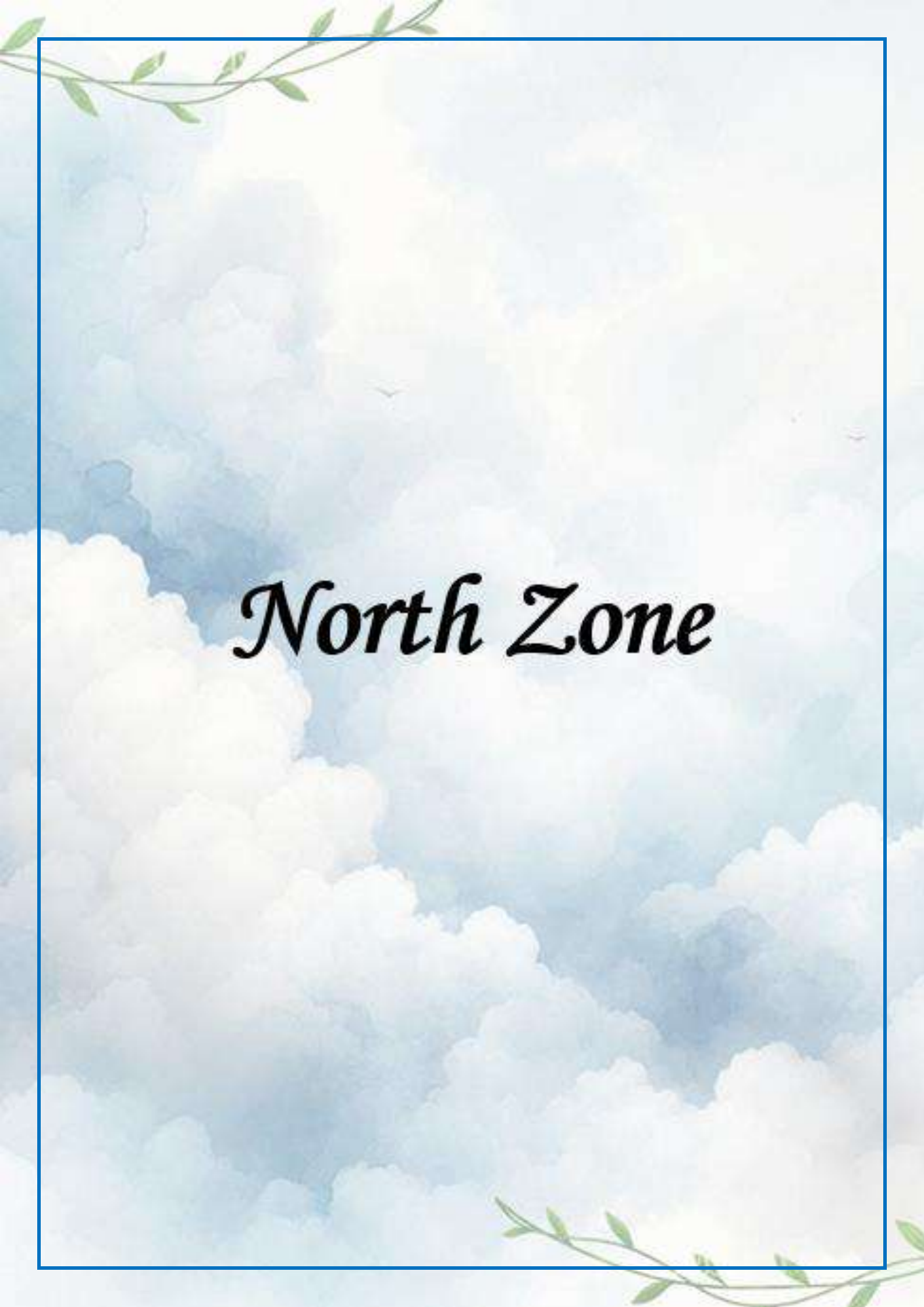
**-Thomas Edison**



***‘Be solid and fit to  
endure whatsoever  
crosses shall come to  
you.’***

***-Mary Ward***





*North Zone*

## LORETO CONVENT SCHOOL, DELHI CANTT

### ASPIRE TO INSPIRE

Once upon a time, there lived an eight-year-old boy named Mahesh. His father had an enormous shop in Pakistan. They were living a happy life until, India and Pakistan got divided, all the Hindus were forcefully sent to India and Muslims to Pakistan. Fights were going on everywhere, people were burning each other with fire, beating each other with sticks etc. During such a hard time Mahesh's father lost his shop. They were in huge debt as they left everything they owned in Pakistan and did not have much money. They had a very small hut in the village. Mahesh was fond of studying and he wanted to become successful and achieve a great position. He showed up to his father many times telling him that he wants to study hard and become an engineer. His father told n number of times that he doesn't have money. After some time, his father got fed up and finally Mahesh got admission in the village school. Mahesh was happy but sad at the same time because the village school had studies till only till class 10th. By not thinking much about it he focused on his studies and completed it with good grades. He was still not satisfied and wanted to study more so he pleased his father by saying " FATHER GIVE ME PERMISSION NOW, SO THAT I CAN SHINE BRIGHT LATER ". His father thought it was fair enough and allowed him to leave the village only on one condition that he may study hard and fulfil his dreams. He left his village and reached Delhi, where he faced a lot of challenges such as by doing several odd jobs such as cleaning in small areas, sweeping etc. He only received a few pennies from which he bought his books and took a room on rent. he used to study for ten hours and work for the rest of the time. a few years passed like this. The exam was around the corner, and he studies harder now he did not go to his job. So, he lost his job, now he had no money again. He did not pay his rent for weeks and was back on the streets where he studied hard under the streetlights. Days passed like this, and the final day arrived. his heartbeat was four times the usual one. He prayed to the Almighty and gave his best. He was very happy as he got one of the best colleges. After a few years he completed his graduation and became an engineer. He proved himself and made his parents proud. This is how a boy named Mahesh achieved his dream by hard- work, dedication and sincerity. Therefore, it is important to work hard, stay persistent, and have faith in ourselves in order to achieve our goals.

BY ADVIKA KUMAR CLASS VI-A

### Aspire To Inspire

Learn to embrace yourself as you are  
If not for yourself but for the people  
Who worry about each night about their scars.

Have the courage to stand up for someone  
Have the confidence to be someone  
One day you will reside somewhere in someone's heart.

In every word spoken, in every deed done,  
Let kindness and compassion be the inner soul  
Today the words spoken might leave an indelible  
memory  
To save others from misery.

A smile, a hug, a kind word,  
Can brighten someone's night better than a nightingale  
Be the light in someone's dark,  
Help them restore their inner spark.

Aspiring never meant aiming for endless wealth  
Or being the best from everyone else  
Its true meaning is aiming for the highest you can dream  
Followed by witnessing the feeling of happiness and  
success.

That is why we say  
"Dream for the big"  
To help others too  
Aspire to inspire till we expire.

Snigdha Chatterjee

### VII-B

In the heart of every dream,  
Lies a spark, a glowing beam.  
Aspire to inspire, let it gleam,  
Life's a river, not just a stream.

With every step, a story told,  
Inspire the young, inspire the old.  
Through acts of courage, hearts unfold,  
A legacy of love, pure and bold.

Aspire to inspire, reach the sky,  
With wings of hope, let your spirit fly.  
In the darkest night, be the why,  
A beacon of light, never shy.

Inspire with laughter, inspire with tears,  
Through the trials, through the years.  
Aspire to inspire, conquer fears,  
In the symphony of life, be the cheers.

So, dream big, and never tire,  
With every breath, fuel the fire.  
Aspire to inspire, lift higher,  
In the tapestry of life, be the choir.

AADHYA DORA VI- C

## ASPIRE TO INSPIRE

Aspire to inspire, let your voices rise, with dreams that light up the skies.  
Each of us is a shining star, guiding others from afar.  
Every stumble, every swing is a chance to rise, touch the world, with fire in our eyes.  
A chain of resilience, strong and real, together we can help and heal.  
Honour lies in honest toil, that's the path to pave, Service before self, with the strength we crave.  
Cheerful endeavour spells success, let's ignite the spark and inspire each other, leaving our hopeful mark.  
So, dare to dream, and dream high, reach for the stars and touch the sky.  
Let's inspire each other with hearts light and free, And light up the world, for you, and for me.

YASHMITA ARORA  
X-C

## ASPIRE TO INSPIRE

“ASPIRE” and “INSPIRE” the two rhyming words, having such powerful meaning.  
I thought about a story of a spider, who kept spinning its web repeatedly while it kept getting destroyed, the spider never gave up. I learnt two very important things from this story: never get disheartened and never give up.  
In life if we Aspire to reach our goal we must work hard dedicatedly, we may face challenges but like the spider we must restart.

My aunt came from a village called Dharwad and she aspired to become a doctor and help others. She worked very hard and achieved her goals. She joined the government hospital in Mumbai and worked till retirement.

Asia's **first milk bank** was started by her. It was started to save the sick infants who had no access or not enough milk from their mother. Her NGO “**SNEHA**” works in the Dharavi slums (Asia's largest slum). The NGO works relentlessly in the field of maternal and infant health, prevention of violence against women and children and health and nutrition. Another project which is very dear to my aunt is the “**Romila Palliative Care Centre**”. It is dedicated to help people fight against cancer and help them during their tough times.

Her journey has been incredible and she has made a remarkable difference to the society. I Aspire to become a doctor and my beloved aunt keeps inspiring me.

*“Dream is not what you see in sleep, dream is something that does not let you sleep”. A.P.J Abdul Kalam.*

Aleka Mascarenhas

Class: 6C





**PURSUING JUSTICE, PEACE, AND INTEGRITY  
FOR ALL CREATIONS**

**- Aadya Kalra, 10A**

In the intricate tapestry of existence, every thread, creature, and being contributes to the harmony of the whole. From the tiniest insect to the towering mountains, all creations are interconnected, weaving a balance that sustains life. However, this balance is often threatened by injustices, conflicts, and a lack of integrity. In the pursuit of a better world, we must strive for justice, peace, and integrity for all creations.

Justice is the cornerstone of a harmonious society. It demands that we acknowledge the rights of all beings and protect the environment for future generations. Justice extends to every corner of the natural world, requiring us to protect the rights of animals, preserve ecosystems, and safeguard the environment.

Peace is not merely the absence of conflict but the presence of harmony, requiring empathy, understanding, and reconciliation. Achieving peace involves resolving conflicts through dialogue and ensuring environmental harmony.

Integrity involves adhering to moral principles, acting with honesty, transparency, and accountability. For societies, it entails fostering institutions that promote justice and equality. We must confront corruption and injustice, working towards a world where integrity prevails.

The pursuit of justice, peace, and integrity requires courage, commitment, and collective action. We must challenge the status quo and envision a future where every being is treated with dignity, compassion, and respect. Embracing diversity, cultivating empathy, and revering the natural world are essential steps. We must acknowledge our own limitations and continue striving towards a more just, peaceful, and integral world.

In conclusion, justice, peace, and integrity are essential principles guiding us towards a better world. By upholding these principles, we can create a future where all creations thrive in harmony and dignity. Let us embark on this journey together for the sake of all creations and future generations.



**Bidisha Banerjee, 8B**



**Prisha Kriplani, 11B**

**THE LAP OF NATURE**

**- Shaana Kapoor, 10C**

Hearing the melodious voice of songbirds,  
Singing, as the peacocks dance in the rain,  
Curing myself from the stabs of words,  
Sitting in the lap of nature to heal the pain.  
Daisies, poppies, lilies and wildflowers,  
Spread peace with their grace,  
I watch as the showers of bowers,  
Visit me in the lap of nature, to embrace.  
Sunshine dances along the flowers,

As the bees buzz in their terrain,  
I sit in tranquility, passing the hours,  
As the lap of nature soothes my brain.  
Oh, how peacefully the little squirrels run,  
And the little crickets chirp in their space!  
How lovely it is, to watch all the fun  
Unraveling in nature's grace.  
Time has stopped, it seems,  
As the greenery blinds me to reality,  
I love the way my face beams  
As nature brings me serenity,  
I have no wish to rise and go  
When the sunset signs my departure  
But never will I forget, in the flow  
The joy brought to me by the lap of nature.

**THE PARADOX OF URBANIZATION**

**-Snigdha Pandey, 11C**

Urbanization is the process by which an increasing percentage of a population comes to live in cities and urban areas. This shift involves people moving from rural areas to urban centers in search of better employment opportunities, education, and living conditions. While these factors drive innovation, productivity, and growth, they also place immense pressure on natural resources and ecosystems. The paradox of urbanization lies in the simultaneous coexistence of prosperity and environmental degradation within cities.

Urbanization causes various environmental issues. The foremost is air pollution, primarily due to emissions from vehicles, industry, and energy production. Poor air quality contributes to respiratory illnesses, cardiovascular diseases, and premature deaths among urban residents. Urbanization also increases demand for water resources, leading to over-extraction, pollution, and depletion of freshwater sources. Contaminated water poses serious health risks to urban populations and harms aquatic ecosystems. Urban areas experience higher temperatures than surrounding rural areas due to the heat-retaining properties of buildings, roads, and infrastructure. Urban heat islands can cause heat-related illnesses and alter local weather patterns. Urbanization also leads to green space depletion by converting natural landscapes into urban developments.

Cities should be engines of sustainable development and innovation. Strategies like installing solar panels, using wind power, and supporting renewable energy projects can help. Promoting public transportation and tree plantation initiatives improves air quality and preserves natural habitats.

As urbanization continues to shape our world, it's crucial to pause and ponder on the issues it brings. The impact of rapid urban growth demands our attention. As we navigate the complexities of urbanization, let us not forget to consider sustainable solutions that prioritize the well-being of both people and the planet. Only through thoughtful reflection and collective action can we address the challenges brought by urbanization and create cities that are truly thriving.

**Divyanshi Suri, 6B**

### **POLITICS AND ETHNICITY**

**-Japneet Kaur, 11B**

With the election season booming in full swing in India, the interplay between politics and ethnicity significantly influences society's perspective of its representatives. Maintaining a balance between equitable representation of minorities and ensuring just electoral processes remains a challenge as political parties, often in pursuit of gain and benefits, exploit vulnerable ethnicities. Parties tailor their manifestos to appeal to particular communities, hindering the development of a unified society. This is so common nowadays that even political leaders, who represent the nation at international forums, disregard the notion of unity in diversity. Often indulging in hate speeches towards particular groups to gain support from the majority, leaders fail to uphold the idea of a unified nation. Reservations, particularly in government sectors and politics, might seem to provide a solution, but they add complexity to the issue. The general public has deep-rooted faith in leaders, easily swayed by their offerings. We fail to realize that most parties are influencing us to forge beliefs against their opposition and align with their ideologies. We need to recognize the power we hold and foster a safe environment for all voters and candidates, irrespective of race, culture, and

backgrounds. This will happen when we unite, recognizing our influence in shaping the future of our nation. If we turn a blind eye today to the electoral disharmony, the ideas of unity, collaboration, diversity, and humanity will fail to grow in the near future.

### **ORBITING HAZARDS**

**-Saumishthaa Rawat, 11C**

The Rising Flood of Space Junk is a Risk to Us on Earth—and Governments are on the Hook - The increasing number of space objects poses risks both in orbit and up on re-entry to Earth. -PHYS NEWS

Space junk, or space debris, refers to discarded objects and fragments humans have left in orbit around Earth. These include defunct satellites, spent rocket stages, and fragments from collisions and explosions. As more countries and companies launch satellites and spacecraft, the amount of space junk has significantly increased, posing a threat to operational satellites and future space missions. The sheer volume of debris is alarming, with millions of pieces orbiting our planet, ranging from tiny paint flecks to large, defunct satellites.

The primary issue with space debris is its potential to cause collisions. Even tiny pieces can cause significant damage due to their high speeds, which can exceed 28,000 km per hour. A collision can create thousands of additional particles, exacerbating the problem. This chain reaction, known as the Kessler Syndrome, could render certain orbits unusable and threaten the safety of astronauts and equipment in space. For example, the International Space Station (ISS) must frequently adjust



its orbit to avoid collisions with debris.

To address this problem, space agencies and companies are developing strategies like using robotic arms, deploying nets or harpoons, and designing self-deorbiting satellites. There are also proposals for international regulations to ensure responsible space usage and minimize debris creation. While these solutions are still in the experimental stage, they represent a crucial step toward ensuring the long-term sustainability of space exploration and utilization. By taking action now, we can help preserve space for future generations. As Carl Sagan once said, "The cosmos is within us. We are made of star-stuff. We are a way for the universe to know itself."

## LORETO CONVENT INTERMEDIATE COLLEGE, LUCKNOW

ANSHIKA SINGH 12-SCIENCE

### LORETO CONVENT AS THE BEST EXAMPLE

The goal of making the world a better place, enriching students with skills and talents, future to the girls of the country, has been the main focus of Loreto convent intermediate college at Lucknow. We get motivated to do something when we see others doing it and we name that inspiration. We at Loreto, know the value of inspiration, that is needed to be delivered to the people of the world, for a better change. What does the word aspire mean to you? Probably the act of seeking to achieve a goal right, but how do we the students of Loreto have stories related to it, or how do we aspire to inspire the world? Here is the answer. From doing various activities that are helping us in stepping forward in protecting the environment, to helping the needy and sick, elderly people of the society, Loreto convent implements this all, every time it gets the chance. We all know that the world will not change until we change ourselves, and therefore for us at Loreto, our goal is to make the society, our country, a better place, make it more accepting and open to new ideas, as we showcase the world the change we make. The students of Loreto convent actively engage in activities or workshops, which can spread awareness. The students along with our principal sister anima and the school staff, actively works beside academics to provide help and opportunities to the illiterate citizens. Most people just talk about helping the poorer, but the students at Loreto, make their actions speak louder not their words. The students and the staff members of Loreto, each month, plans, activities or events in school and in public to spread awareness. The activities include Nukkad Natak which is performed by the students on important topics that should be addressed like employment, how wars are destructive, importance of literacy. Another one is visiting orphanages and old age homes to provide the required items to the people residing there. Listening to their problems interacting with them making possible attempts to make their life easy. Loreto convent, Lucknow, continues to perform its duties, so that its goal of a better society and girls having the opportunities to soar high in the sky, gets accomplished one day, eventually inspiring the citizens to do the same. This is how Loreto convent aspire to inspire.

#### **Aspire to Inspire; A Poem:**

You boast of the mountains you've climbed, but leave no path for those who follow behind.

if it's a competition, is the reward to be the only one that high?

Isn't there more to life, is true greatness not measured by the hearts and minds that you bring to believe,

'If they can do it, so can I'?

Each hand you reach out for, each one you teach, so that they might just go higher than your highest peak.

So, aspire to inspire, let the fire burning in you share some light.

Dreams should be shared for they grow stronger together. The true measure of success is not in solitary height,

But in the multitude of stars, you guide into the night.

For what is achievement if it doesn't uplift?

A hollow triumph, a lonely gift.

So, climb your mountains, but leave the ropes behind, Mark the trails for others, For maybe in you they'll find.

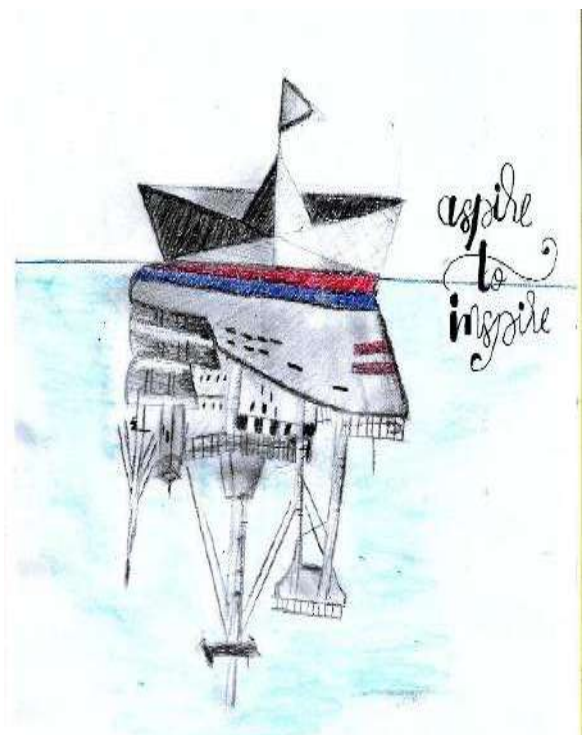
A beacon of hope, a reason to strive,

To dream bigger, to feel alive.

Your legacy isn't in standing alone at the summit, but in the chorus of voices that echo your spirit.

Show the world that greatness lies in the hearts open wide. Aspire to inspire, let your journey be the guide,

~ Shreya Parthasarathi 9-C





## Aspire to Inspire: Igniting the Spark of Change

In a world often clouded by uncertainty and doubt, the concept of "aspire to inspire" holds a profound significance. It encapsulates the essence of striving not only for personal growth but also for uplifting others through actions, words, and deeds.

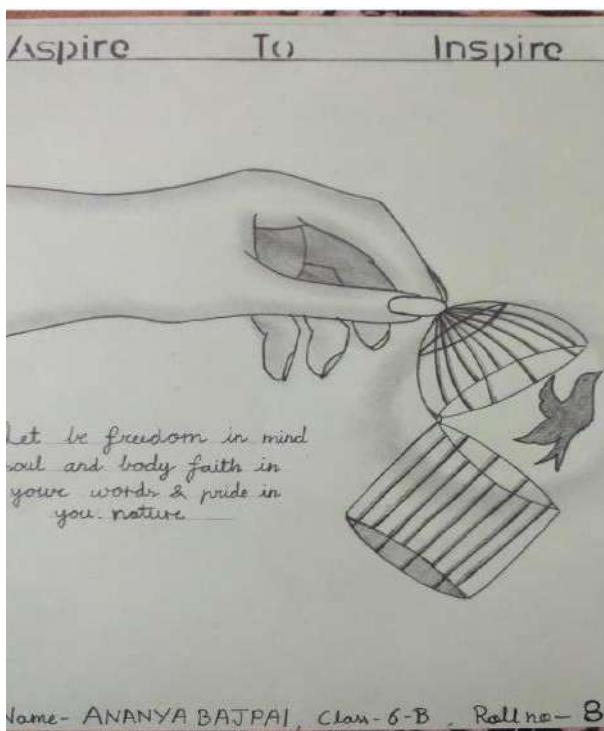
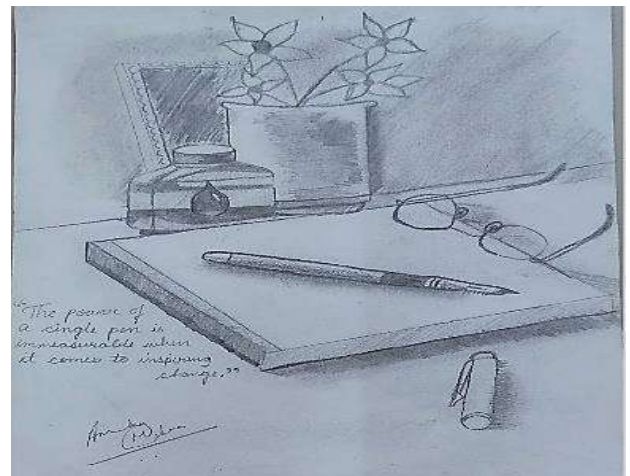
To aspire to inspire is to embody a mindset where one's aspirations are not solely for self-fulfillment but are intricately woven into a broader fabric of communal upliftment. It's about nurturing a relentless pursuit of excellence, not just for personal gain, but with the intention to motivate and ignite a similar flame in others.

This principle resonates deeply across various facets of life—be it in education, leadership, creativity, or everyday interactions. A teacher who aspires to inspire understands that their role extends beyond imparting knowledge; it involves instilling curiosity, resilience, and a thirst for learning. A leader who aspires to inspire recognizes the power of their influence to empower and guide their team towards collective success and growth.

At its core, aspiring to inspire is rooted in empathy and compassion. It's about recognizing the potential within oneself and others, and taking deliberate steps to cultivate it. Whether through mentorship, volunteering, advocacy, or simply being a positive presence in someone's life, each act inspired by this principle contributes to a ripple effect of positivity and change.

In essence, to aspire to inspire is to embrace the responsibility and privilege of making a difference, however small or significant. It invites us to lead by example, to champion kindness and resilience, and to believe in the transformative power of encouragement and support. Ultimately, it encourages us all to leave a legacy of inspiration that transcends generations and enriches the human experience.

-Amira Khan  
8B





## EMBRACING THE POWER OF INSPIRATION

In a world full with possibilities, aspire to inspire. Each action and every word have the potential to kindle a flame of motivation in others. Whether through small acts of kindness or grand gestures of courage, our choices shape the narratives of those around us. Inspiration has the capability to transcend boundaries. It is the spark that fuels innovation, the catalyst for progress. We need to embrace the power within us to uplift, encourage and empower. Let us make sure our aspirations become beacons of hope, guiding others towards their own journey of fulfillment and transformation.

- **Katyayni Sharma, 11<sup>th</sup> Humanities**

## FINDING PASSION THROUGH INSPIRATION

Some people dream about being a star,  
For others it might be a car,  
Some dream of making that game-winning play,  
Others may dream of a place they can stay.  
For many it's simply acceptance they seek,  
Courage and hope to no longer feel weak.  
Some are consumed with making a name,  
In their quest for great riches, fortune and fame.  
For me it's quite simple, my one true desire,  
Is help others find their passion and fire.  
What is it inside those tears at their soul?  
What is their cause, their purpose, their goal?  
I've found that if I inspire others to find,  
The talent that's buried somewhere in their mind,  
Then I too will somehow accomplish it seems,  
The thrill of observing them capture their dreams.

- **Anaysa Chauhan, 9-Tulip**

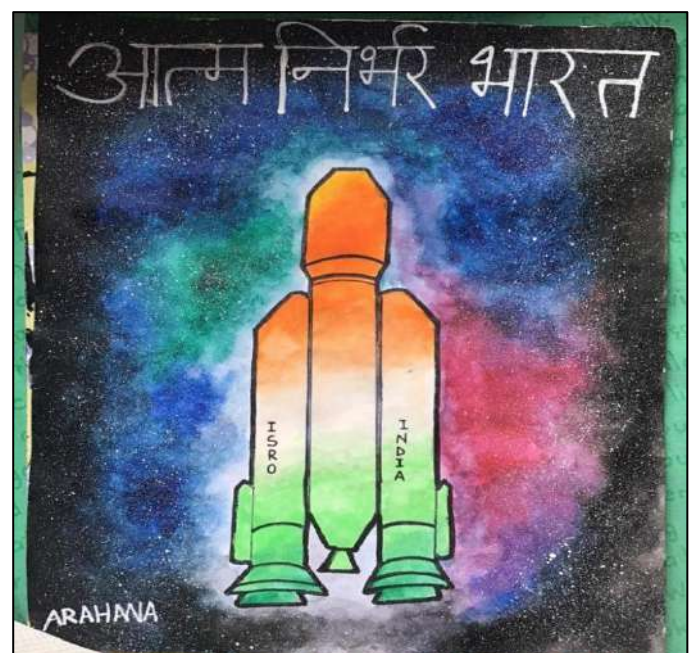


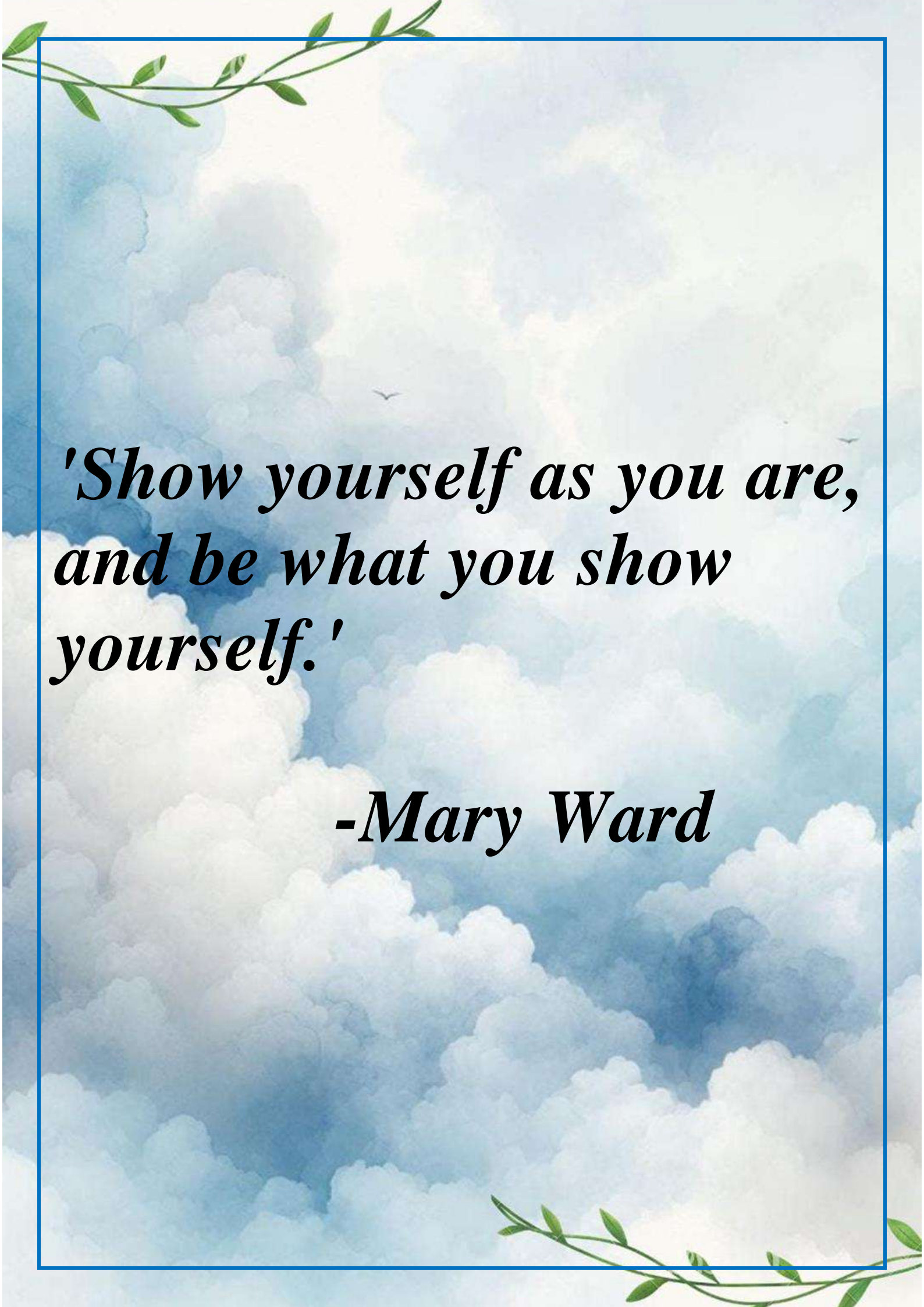
## GUIDING LIGHT

Be like the moon that shines bright  
Without emitting its own light  
Be like the sun that instills life  
And like that teacher who always guides  
For there comes a new day after every night  
And provides us with a beautiful sight  
Be a guiding light for your friends  
And never leave their sides till the very end  
Provide help support and motivation  
Be it a good or bad situation

You can change someone's whole perspective  
Just a few words of inspiration can be very effective  
Aspire to inspire  
Never let go of your internal fire.

- **Vaanya Bali, 9 – Tulip**





*'Show yourself as you are,  
and be what you show  
yourself.'*

*-Mary Ward*





*West Zone*

## LORETO CONVENT, ASANSOL

### Flames of inspiration

In a world where shadows often loom,  
And many hearts sink in the deepest gloom,  
There shines a light, so very bright,  
To guide us through the darkest night.  
It's the dreamers who dare to aspire,  
To set the world and souls on fire.  
With simple acts and words so kind,  
They leave their own legacy behind.  
In every smile, in every glance,  
They plant the seeds of hopeful chance.  
With hands that reach to lift the low,  
And words that console the troubled soul.  
They see the beauty in each day,  
And spread their warmth along the way.  
They give their warmth and take away cold,  
And turn the timid into bold.  
With every step, they pave the road,  
For others to lighten their heavy load.  
In every heart, they light a fire,  
And fuel the flames of pure desire.  
So let us join in this grand quest,  
To inspire others, let's give our best.  
Let's aspire to inspire, and then,  
We won't notice the world changed when,  
With love and kindness as our guide,  
We'll all journey on, side by side.

By Rajonaya Banerjee

(VIII- A)

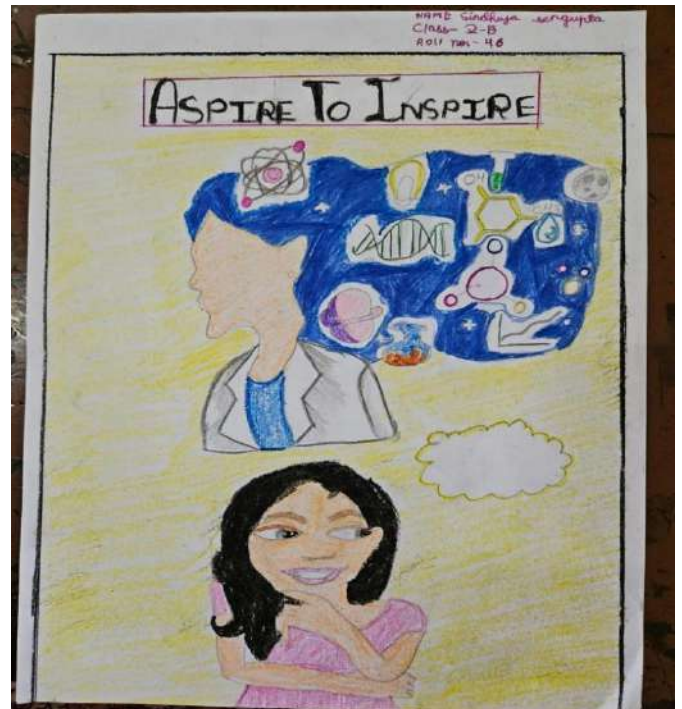
### Reconciliation

God had gifted us a world so fine,  
But humans never knew when to draw the line.  
The green turned to black, life began to perish  
The simple joys of nature we could never cherish.  
The once crystal blue oceans now bear a look so grey  
We regret the sins of our past every single day.  
Materialistic wealth is demanded, luxury is chased  
The grasslands lay barren, where the cattle once grazed.  
Lost are brotherhood, morality and universal love,  
Forgotten are the olive branch and the snow-white dove.  
Diplomacy is upheld, humanity ignored,  
Destroyed are the jewels of nature, for which Earth was  
adored.

If you ask me what's my ambition in life,  
I'd answer by saying "I'll save the Earth from long  
inflicted strife."  
I don't crave wealth or extravagant attire  
Money doesn't matter to me, for I aspire to inspire.

I aspire to revert the Earth back to its glorious days,  
Even if people dissuade me, using a hundred and one  
ways.  
I aspire to bring back the era where truth and  
righteousness reigns  
Where the Earth is adorned by its bright green terrains.  
When tears no longer roll down the snow covered peak  
Such a world of pure and perfect bliss is all that I seek.  
Let love and kindness reign over all the plains,  
Let the Earth be freed from it's centuries old chains.  
To inspire the generation, there's not much left to say,  
Except, "Where there's a will, there's a way."

By Abhilasha Basu (IX-A)



## **Making Inspiration our Aspiration**

In literal terms, 'Aspire to Inspire' is a phrase which calls upon us to strive hard to inspire the people around us so that they can amend their thought and action and develop a strong and positive personality. A person with aspirations in their own life can definitely inspire other persons around him. An aspiring person is eager to learn new things, is ambitious and is updated in their livelihood. An inspired person is imbibed with an aspiration to inspire other persons. An aspiring person is completely motivated in thought, spirited in action and inspiring as companion. The phrase marks an opportunity to make a mark for self in the world by guiding other persons to build a positive attitude and hence, change the world to make a better place to live. An inspiring person draws a broader picture of life and provides for a thought that pushes others to convert their ideas into actions. The cycle of 'Aspire to Inspire' must never stop.

**By-Aishani Banerjee, class IX-A**

### **ASPIRE TO INSPIRE**

In the labyrinth of life, where shadows creep,  
and doubts assail us in the dead of sleep,  
there shines a beacon, pure and bright,  
Igniting souls with its radiant light.  
It calls to us, with a gentle plea,  
to rise above and break free,



**Sridatri Roy 6 B**

From the shackles of doubt  
and fear, to seize the day, to  
persevere.

For in the heart of every soul,

There lies a longing to make  
a whole, The broken pieces  
of this world,

And let our greatest dreams  
unfurl. Let us be the change  
we wish to see,

And inspire others to set their  
spirits free, for in the journey of  
making a difference, we'll see,

The beauty of humanity's  
capacity to be. let us stand,  
hand in hand,

And spread the message across  
the land, that in each of us,  
there lies a spark,

To illuminate the deepest dark.

For it's not just in what we achieve,

But in the hearts, we touch, the souls  
we weave, that true significance is  
found,

In lifting others from the  
ground. So let us strive,  
with all our might, to be  
beacons in the darkest  
night,

And inspire others to make  
their mark, In the grand  
tapestry of life's arc.

**By Sriya Mazumdar (IX-A)**

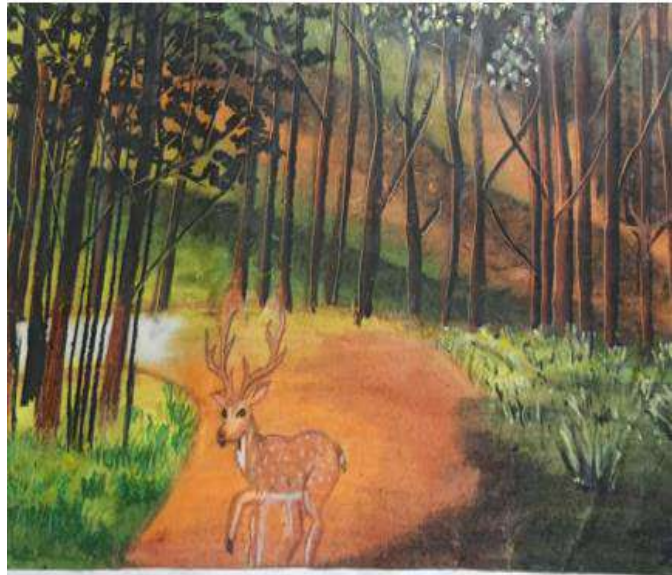


## LORETO CONVENT, RANCHI

### **Aspire to Inspire**

In the depths of every dream's heart,  
Lies a fire, a spark, a vital part.  
For reaching beyond the ordinary shore,  
And inspire those who hunger for more.  
With every step, we climb the steep,  
Guided by dreams that we ardently keep.  
We must aspire to touch the sky,  
And lift others as we sire up high.  
Through trials fierce and tempests wild,  
We persevere with courage styled.  
For in the journey, we aspire to find,  
The strength to leave a legacy behind.

### **Ananya 8 B**



**Ananya 8 B**

In every word, in every deed,  
Lies the power to show the seed,  
Of hope, of change, of dreams untold,  
To inspire hearts, both young and old.  
With every dream, a new embrace,  
We sculpt our fate, our legacy's lace.  
In every heart, a sacred base,  
Aspiring souls in timeless grace.  
With each new dawn, our hopes aspire,  
To paint the world with passionate fire.  
In every soul, a burning fire,  
To aspire to inspire.

### **-Sumayya Mansoor (8B)**

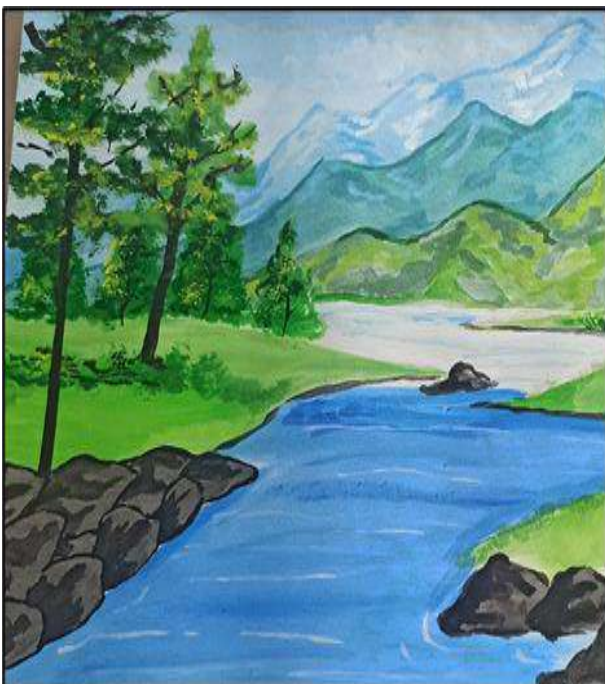


**Ananya 8 B**

## Aspire to Inspire

Some people dream about being a star.  
For others it might be a house or a car,  
Some dream of making that game, a winning play.  
Others dream of making their own wonderland  
where they can stay.  
For many, it may be a simple seek,  
Of course, an hope to feel no longer weak.  
Some are consumed with making a name,  
In their great riches, fortune and fame.  
I have found that if I inspire others to find,  
he talent that's buried somewhere in their mind.  
Then I too will accomplish my mission of finding  
my own kind.  
It will be myself, who will be thrilled to observe  
them capture, Their own dreams in themselves.

**-Anvi Poddar (8 C)**





WHISPER OF THE EARTH

MARIUM JAMILA TANHA

Class: Seven

In the house of dawns first light,  
Nature whisper, pure and Bright.  
Please stand tall, their branches sway,  
Guardians of the night and day...  
Rivers flow with gentle grace,  
Carving paths through time and space.  
Mountains rise, majestic, grand,  
Silent watcher of the land.  
Fields of green and sky of blue,  
Echoes of a world so true.  
Wild flowers Bloom, their colours sing,  
Celebrating life each spring...

TREES

MONA LISA KHAN JUI

Class: Ten

I think that I shall never see  
A poem lovely as a tree.  
A tree that looks at GOD all day,  
And lifts her leafy arms to pray.  
A tree that may in summer wear  
A nest of robins in her hair.  
Upon whose bosom has lain,  
Who intimately lives with rain.  
Poems are made by fools like me,  
But only God can make a tree...

পিরবেশর ভারসাম র ায় ব্ েরাপেনর ভূমিকা

মানািলসা খান জুই  
গী: দশম

িব বাপী শ ায়ন ও নগরায়নের কারণে িনিব চারে  
ব্ িনধন করা হে। ফেল পিরবেশর ভারসাম ন হেয়  
মানুষের া ও জলবায়ু মিকর মুখে পড়েছ। তাই মানুষকে  
সেচন করেত  
িব বাপী পাঁচ জুই পিরবেশ িদবস পালন করা হয়।  
আমাদের পিরবেশর ায় গাছপালার ভূমিকা অপিরসীম। এক  
কথায় ব্ ছাড়া পৃথিবীতে জীবজগৎ অক নীয় বাপার।

পিরবেশর ায় ব্ে র ভূমিকা বাপকাবু বাতােস  
িবিত্ত গ ােসর ভারসাম বজায় রাখেত সাহায্য কের।  
বাতােস কাবন-ডাই-অ াইডের মা া বিশ হেল তাপমা  
া ব্ ি পায়,  
কারণ ওই গ াস তাপ শাষণ কের রাখে। বত মানে ি ন  
হাউস হেইফ নােম যা সুপিরিচত।

পিরবেশ স্খণ কমেয় এবং পিরবেশর সী য ব্ ি কের উ দ  
মানুষের শারীরিক া ও মানসিক া উভয়ের উ  
িত্তেত সবেচেয় সহায়ক ভূমিকা পালন কের।  
দেশ বন আইনের সফল েয়গ না থাকায়, অসাধু  
িত্তিনয়তই সু রবন, মধুপুর ভাওয়াল, পাবত এলাকায়  
বনভূমি উজাড় করেছ। হেল জলবায়ু িব প ভাব ফলেছ।  
বাংলাদেশ সংবিধানের ১৮ ক ধারা মাতাবেক পিরবেশ ও  
জীববিচ সংর ণ ও উ য়নের উে খ থাকেল ও নই তার  
কান কাষকারী পদে পা ব্ িনধনের তুলনায় ব্ েরাপন  
যত সামান, কাজেই জলবায়ু িব প ভাব ফলেছ। এত  
জীববিচের আবত ন বাহত হে। পিরবেশর ভারসাম  
র ার জন িব আইন অনুযায়ী িক আমাদের দেশ  
মাট বনভূমির পিরমাণ রেয়েছ 15.5 ৮ শতাংশ গত ৩০ বছের  
বাংলাদেশের াকৃ িতিক দুেষাগ বেড়েছ 10 থেকে 15  
শতাংশ যার পছেন জলবায়ুর ভাব রেয়েছ। ২০২২ সালের মাচ  
মাসে

কাশিত বাংলাদেশ পিরসংখ ান বুেড়ার জিরপ অনুযায়ী  
৬ বছের িবিভ াকৃ িতিক দুেষাগে বাংলাদেশের  
আধক িতির পিরমাণ এক লাখ ৭৯ হাজার একশত ৯৮ কা  
টাকা। এ ধারা অব াহত থাকেল আগামী প াশ বছের  
এখানে াণের অি  
মিকর মুখে পড়েব। তাই আসুন মানসিকতার পিরবত ন ঘটায়  
এবং বাণী েলা ধারণ কির ও চচ া কির।

“পিরবেশর ভারসাম র ায় গাছের িবক  
নই।” “গাছ লাগান পিরবেশ বাঁচান।”  
“গাছ আমাদের কৃত ব্।”  
“এক গাছ কাটেল দশ গাছ লাগাবে।  
িনিবচারে গাছ কাটাকে না িলা।”  
“ব্ে র অভাবে পিরবেশর কা া কউ শােনানা?”

কথায় আছ গাছ লাগান পিরবেশ বাঁচান িক মানুষ গাছ না  
লাগিয়ে বরং গাছ কাটেছ 25% বনভূমির মেধ আমাদের  
আছ মা ১৭ শতাংশ বনভূমি।  
পিরবেশ স্খণ ও িবপয়য় রােধ ব্ রাপেনর িবক নই।  
আমরা ব্ েরাপণ তথা সবুজায়নের সামাজিক আ  
ালনেক গিতশীল ও বগবান করার মাধ মে আগামী জে র  
জন রেখ  
যেত পারবে এক সু র ও বাসেযাগ পৃথিবী ধন বাদ।



সয়দা সােরমা ইসলাম  
শী: স ম



অপণা রানী দাস  
শী: অ ম

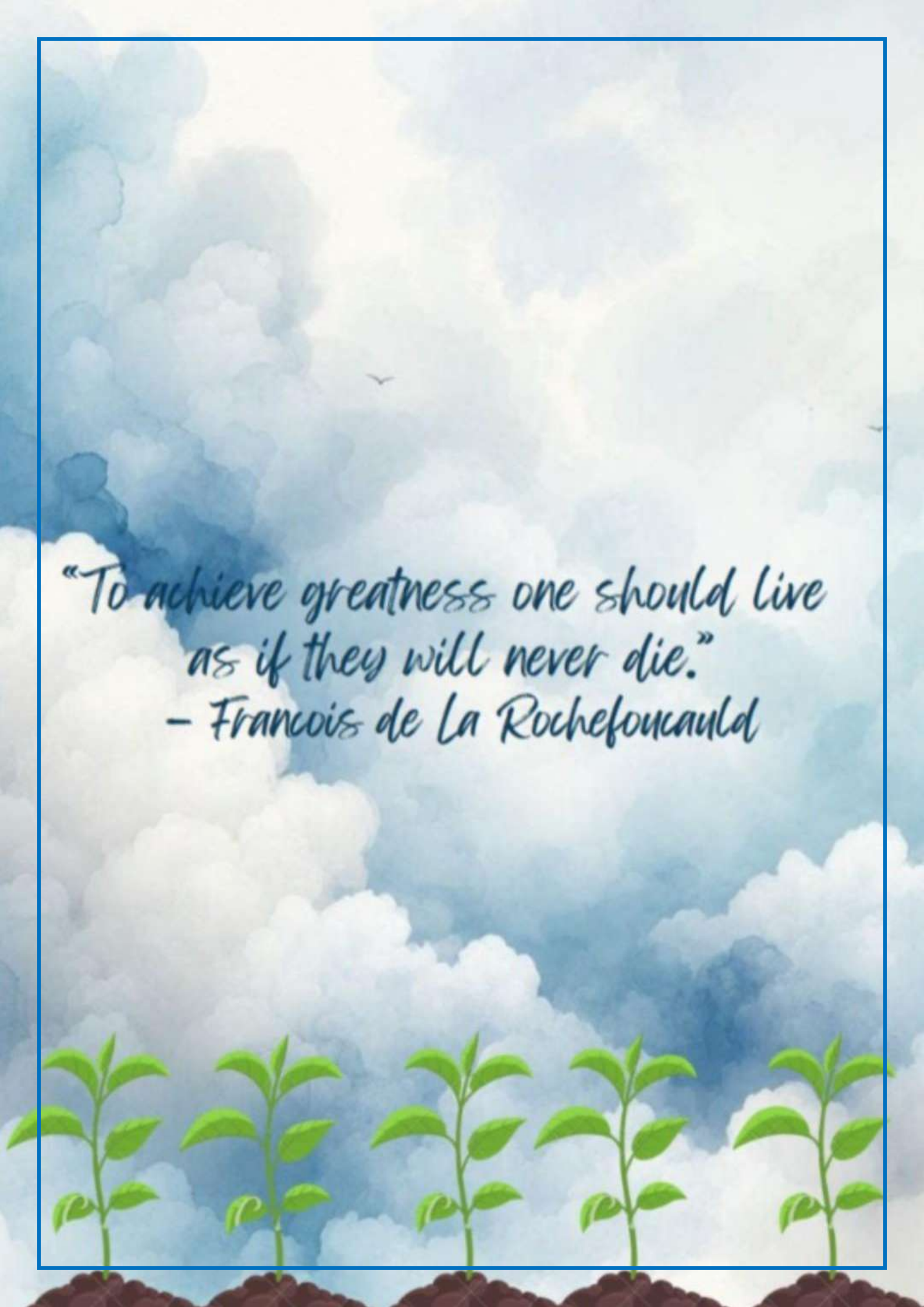


মায়রা তুলি  
শী: স ম



আ তা রাই  
শী: নবম





*“To achieve greatness one should live  
as if they will never die.”  
- Francois de La Rochefoucauld*